

ELBOW PARK



WINTER 2018



Elbow Park Residents' Association

800 - 34 Avenue S.W., Calgary, Alberta T2T 2A3
CLUBHOUSE HOTLINE: 403-287-2834

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CITY OF CALGARY CALL 3-1-1

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Calgary Police, Community Resource Sergeant John Blankenback
jblankenback@calgarypolice.ca

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Elbow Park now offers electronic copies of the gazette emailed directly to your inbox. If you would like to opt in to receive an electronic copy of the Gazette, please visit www.elbowpark.com/ and click on "Gazette".

*"Thank you to
The Glencoe Club for
publishing the
Elbow Park Gazette!"*

President's Message

Hello!

The big news in our community is definitely the completion and opening of the new clubhouse! Since October we have been allowing Residents to rent the space for various parties and events. The Clubhouse Renovation Committee (which involved the following along the way: Tim Sprung, Elrose Klause, Vicki Arista, Amanda Graves, Hans Geritson, Paul Bryden, Robert Lehodey, Michael Murray) should be very proud of themselves. Interested in using the space? Please contact us by visiting our website.

Winter is setting in and days are getting shorter which means right around the corner is our annual Christmas Eve Skating Party! If you're in town, please be sure to place it in your schedule and spread some holiday cheer with fellow Residents!

Our annual AGM was a success, thank you to all in attendance. The highlight was celebrating the new clubhouse with a ribbon cutting ceremony, along with, meeting and hearing from our new city councillor Jeremy Farkas. We will miss the contributions of our exiting board members (Lorna Fraser and Evonne Whelan), but welcome 3 new residents to the board: Rachel Coros, Corey Davison, and Joanne Dial.

Lastly, wanted to recognize a couple more volunteers for their time spent with Elbow Park: Brenda Leeds-Binder spent 5 years representing Elbow Park on the Glenlake Hockey Board (Scott Kearl has graciously offered to fill the role), and Amanda Graves had been editor of the Gazette since 2013 (Rachel Coros is excited to take on this role).

Remember, memberships expire Dec 31, 2017. Thanks in advance for being diligent and renewing your membership.

Do you have a new neighbour? Please send them to our website, Elbowpark.ca, and encourage them to support the Residents Association, as well as, our Facebook page, facebook.com/elbowpark/ to stay up to date on the events happening within our community.

See you at the park!

- Michael Murray, EPRA President



Celebrate

Movie in the Park

A big thank you to all our volunteers who helped make this years Celebrate event another huge success! The weather was on our side September 9 as over 750 members of the community came together to chat, eat and watch a viewing of the movie 'Sing'. These events would not be possible without our volunteers generously donating their time and energy, helping bring the community of Elbow Park even closer together. If you would like to get more involved within the Elbow Park Community and be a part of this amazing Organizing Committee for next year's event, please contact Shannon at seyoung@shaw.ca for more information.





HELP FOR THOSE WORKING HARD TO JOIN THE MIDDLE CLASS

First, I'd like to invite you to join me at my Holiday Open House on Saturday, December 16 from 11 am to 2 pm, at the Kerby Centre (1133 7 Avenue SW). You can RSVP at www.KentHehrMP.ca

Second, I'd like to highlight a couple programs that are helping our friends and neighbours to meet their basic needs and re-invest in the local economy. When middle class and low income Calgarians have more money in their pockets, it's quickly used to pay for things like healthy food, skating lessons and warm winter clothes.

CANADA CHILD BENEFIT

Our government is going a step further to help lift children out of poverty, by increasing Canada Child Benefit payments to keep pace with inflation.

- 3.3 million families receive Canada Child Benefit payments, providing \$6,800 on average per family per year.
- 90% of families receive more through the Canada Child Benefit than they did under the previous government's programs.
- For a single parent with two kids making \$35,000, the increase will mean an additional \$560 next year, tax free.

WORKING INCOME TAX BENEFIT

By letting low-income workers take home more money while they work, the Working Income Tax Benefit offers real help to Calgarians and encourages more people to join the workforce.

- In 2016, 1.4 million low-income workers received an average of \$785 per year.
- Starting in 2019, we are enhancing the benefit by an additional \$500 million per year.
- For families, the Working Income Tax Benefit and the Canada Child Benefit combine to provide more money to help with the costs of raising a family.

GET IN TOUCH

To contact me, please email kent.hehr@parl.gc.ca or call 403.244.1880. You can subscribe to email updates at www.KentHehrMP.ca/email-updates.

CANADA'S FIRST-EVER NATIONAL HOUSING STRATEGY: a game changer for affordable housing in Calgary.

We all know that a home provides more than just a roof over your head. For too many Canadians, a decent home – or any home at all – is simply not within reach. In the worst cases, it forces impossible choices that no family should have to make.

That's why our government is developing Canada's first-ever National Housing Strategy. This 10-year, \$40 billion plan will allow 500,000 more Canadians to finally have affordable housing that meets their needs.

It's a really big deal. In fact, it's a game changer for affordable housing in Calgary and across the country.

I'm especially proud that the strategy focusses on the people who need it the most, including seniors, people with disabilities, survivors of domestic violence, Indigenous Canadians, people dealing with mental health and addiction issues, and veterans.

Over the next 10 years, the National Housing Strategy will:

- Cut chronic homelessness in **half**.
- Create **100,000 new housing units**. (That's **four times** the number that were built under the previous government over the previous 10 years.)
- Repair or renew **300,000** existing housing units.

With 1.5 million Canadians currently living in unsafe, inadequate or unaffordable housing (and with 25,000 people having no home at all), this major, integrated plan is clearly badly needed. It's the right thing to do, and it's good public policy. Bringing people out of poverty saves us all money in the long run.

After years of past inaction, it's time to do something big for affordable housing. To read more about Canada's first-ever National Housing Strategy, visit www.KentHehrMP.ca/Housing.



JEROMY FARKAS

COUNCILLOR WARD 11

DEAR FRIENDS,

It was an honour to join you to at the newly renovated clubhouse to celebrate the completion of this important community project. It was also a special opportunity for me to meet many of you as well as personally thank the many volunteers for their tremendous contributions towards making the vision a reality.

I am very proud of the amazing support given by the many volunteers who are at the heart of Elbow Park and who continue to share their time and their talents to enrich the lives of their neighbours. I would like to take this opportunity to acknowledge their contributions and let them know that they are valued.

The recently elected city council has also been busy over the past two months debating important matters such as 2018 budget adjustments, the pros and cons of an Olympic Games bid and tackling business concerns within today's difficult economic environment. I do not support raising taxes to further burden homeowners and local businesses, especially during tough economic times. My commitment to you continues to be one of ensuring that you receive value for money, that public funds are spent wisely, that council business is shared with citizens in a transparent way and that all constituents are listened to and treated with respect.



Please save the date for the inaugural Ward 11 Town Hall that I will be hosting on Thursday, January 18, 2018 from 7:00-8:30 pm. The location will be confirmed later this month. Everyone is welcome!

On behalf of my family and staff, please accept my most sincere wishes for a very Merry Christmas, Happy Hanukkah and all the very best for the coming festive season. May continued joy, health and prosperity belong to you and your family in the coming New Year.

Sincerely,

Jeromy Farkas, Councillor Ward 11

For news and event information, and to sign up for my newsletters, please visit www.calgary.ca/ward11.



**Calgary Board
of Education**

Elbow Park School



What's coming up?

Our school has had many successful community events to date this school year including a fabulous Fall Fair, a fun Halloween Family Dance, and now we are preparing for our winter holidays.

We will be hosting a Holiday Celebration on the evening of December 14 at 6:00 p.m. Leading up to this, we will be collecting donations for the Food Bank and our school community also collects donations of gifts for families in need at our partner school, James Short Memorial School. We are so grateful to have such a generous community.

Our winter break is from December 22 to January 8, with our students returning on January 9, 2018.

Please watch for our Open House for all families (K-6) that will be on January 18 at 6:00 p.m. We will have before and after school care beginning in January for both our Kindergarten students and grades 1-6 students as well. Registration opened in October and will continue through the new year. The service provider is 1st Class After Class. Their phone number is 403-836-6090, email is info@1stclassafterclass.com and their website is www.1stclassafterclass.com

Kindergarten registration begins January 22, 2018. Please contact our office for more details.

721 38 Ave SW

Calgary, Alberta

t | 403-817-3408

Follow us on
social media:



@ElbowParkSchool

www.cbe.ab.ca/elbowpark





Can Fish Whirl

CHASE THEIR TAILS, UPSIDE DOWN, AND ALL AROUND?

Yes, fish can whirl but it is not a treat-worthy trick as it might be if your dog is a proficient whirler.

WHIRLING DISEASE

Whirling disease is a disease that affects trout including brook, bull, brown, cutthroat and rainbow trout as well as mountain whitefish and salmon. It is caused by a microscopic parasite called *Myxobolus cerebralis*. This parasite requires 2 hosts to complete its life cycle and become a threat: a healthy trout or mountain whitefish and a Tubifex worm which is found in the sediment of water bodies.

WHERE IS THE DISEASE?

Whirling disease in Alberta was first confirmed in August 2016 at Johnston Lake in Banff National Park. Since then whirling disease has been confirmed in the Oldman and Bow River Watershed including the Lower Elbow River in Calgary, November 2016. In the United States whirling disease was first observed in the 1950s in the northeastern states. Since the 1990s the disease has spread to the western states including Montana.

FISH CONCERNS

The concerns are high for the healthy sustainability of Alberta's world-class fishery including the "threatened" Westslope Cutthroat trout. In some fish populations mortality rates have been as high as 90%. Poor spawning habitat and species susceptibility play a role in mortality rates.

HUMAN HEALTH CONCERNS

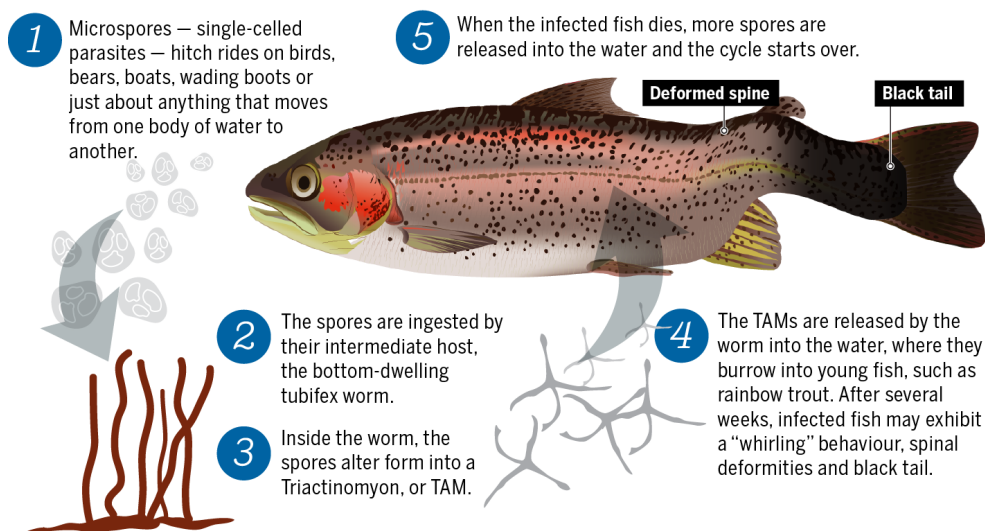
According to Alberta Environment and Parks there are no health concerns for people recreating or drinking whirling disease infected waters. Eating infected fish is not known to cause harm to humans or other animals.

IS THERE A CURE FOR WHIRLING DISEASE?

There is no cure or treatment for whirling disease currently. The best that WE ALL can do is CONTAINMENT AND PREVENTION. This means CLEAN, DRAIN and DRY all water-contacted equipment, in situ, before moving to another water body. Never move live or dead fish or fish parts between water bodies.

For more information go to: <http://aep.alberta.ca/fish-wildlife/wildlife-diseases/whirling-disease/default.aspx> or call 1-855-336-BOAT (2628).

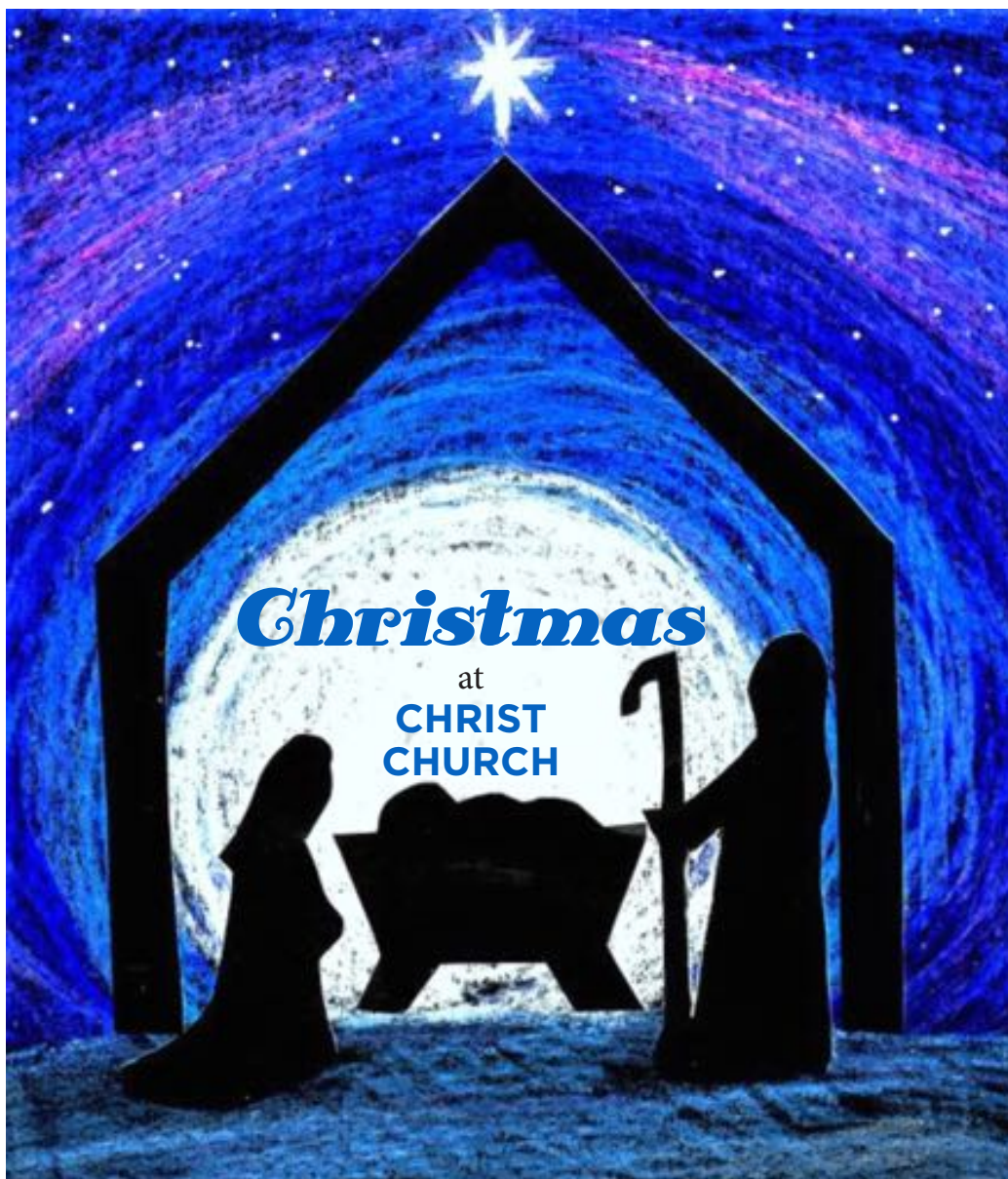
HOW WHIRLING DISEASE INFECTS FISH



SOURCE: NEW MEXICO DEPARTMENT OF GAME AND FISH, GETTY IMAGES

DARREN FRANCEY / POSTMEDIA NEWS

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network email us at S2Gplusinfo@gmail.com. Follow us on facebook.com/S2Gplus



December 3 - 7:30 pm ADVENT PROCESSION & CAROLS

Our annual celebration of the Christian New Year, and a beautiful choral service not to be missed!

December 17 - 4:30 pm FESTIVAL OF 9 LESSONS & CAROLS

The Christmas story is told in readings and music!

December 24 - 8 am & 10:30 am ADVENT 4 MORNING

Eucharists as usual!

December 24 - 4:30 pm CHRISTMAS EVE - BETHLEHEM & BEYOND

The Living Nativity, on the Labyrinth

7:15 pm Carol Singing in the Church

7:30 pm Choral Eucharist (The Early Service)

10:00 pm Carol Singing in the Church

10:30 pm Choral Eucharist

December 25 - 10:30 am CHRISTMAS DAY HOLY EUCHARIST

Christ Church Elbow Park, 3602 - 8 Street SW, 403-243-4680, christchurchcalgary.org



To our valued community members,

Recently, officers with District 1 have heard a number of concerns brought forward by community members about the projected move of officers from the Victoria Park Station, to the Ramsay Station.

We have heard that you are worried this move might cause a lack of police presence in the Victoria Park neighborhood and surrounding areas. Let me assure you there will be no difference in the level of policing service, or presence, in the core. The Calgary Police Service is committed to working to reduce all social disorder through focused crime strategies and continual community engagement.

We are continually evaluating intelligence to ensure we deploy our resources to make the city as safe as possible, ensuring that all members of the public have the opportunity to enjoy our safe city and the attractions the downtown offers.

This move is being evaluated as a means to find both operational and financial efficiencies for the Calgary Police Service. By combining the two offices into one, we will be able to redeploy additional officers to address crime management issues in this area, or elsewhere as necessary.

How we go about providing policing services to our citizens has changed since the Victoria Park Station opened. In addition to having the Ramsay Station and the Chinook Centre Mall Community Station, most property crime can be reported online through calgarypolice.ca, and officers are always available to answer questions on social media.

Should you at any point have questions or concerns, we encourage you to reach out to the Community Resource Sergeant John Blankenback (JBlankenback@calgarypolice.ca), or myself directly at SWallace@calgarypolice.ca.

We look forward to speaking with you.

Regards,

Shawn Wallace
Staff Sergeant
District 1 – Operations
Calgary Police Service
403-428-5500

VIGILANCE + COURAGE + PRIDE



Elbow Park Toddler Play Group

STARTING FRIDAY, DECEMBER 8, 2017

**FRIDAYS FROM 9:30 AM TO 11:30 AM
ELBOW PARK CLUB HOUSE**

Are you a member of the Elbow Park Community Association?

Then you are invited to the Elbow Park Play Group, a special play group for babies and children 5 years of age and under.

Meet at the Elbow Park Club House Fridays between 9:30 - 11:30 am.

Coffee for parents/caregivers and play time for the little ones!

We look forward to seeing you there.



TOY DONATION REQUEST

Please donate toys to the toddler play group!
Email elbowtoddler@gmail.com to arrange a drop off or pick up time.

We are gratefully accepting any new or used toys (in good condition) that are appropriate for babies and children under the age of 5. Thank you for your support.

**Please Note: Play group will not be held
December 15, 22 and 29 and will resume January 5.**

Emergency Medical Services (EMS) paramedics respond to a number of cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes and preparing to be out in the cold, may reduce your risk of sustaining a cold weather illness/injury. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets and other road-side supplies.

FROSTNIP

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

FROSTBITE

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white & waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, not hot, water, until fully re-warmed;
- Call 9-1-1, or seek further medical attention as required.

HYPOTHERMIA

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is key. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

CHRISTMAS TREE Composting Program

MAKE IT A **GREEN** CHRISTMAS AND COMPOST YOUR REAL TREE

Help us keep trees out of the landfill by using your green cart or one of our many drop-off locations.

1. COMPOST YOUR REAL TREE USING YOUR GREEN CART

After you have removed all lights, ornaments, tinsel and string - follow the same steps as you would for branches from your yard:

- Cut your tree into small pieces to put into your green cart and make sure the lid can close.
- If your green cart is full, tie extra branches (no more than four feet long) together with a natural fibre string or place them in paper yard waste bags.
- Set tied branches or yard waste bags at least one foot from the side of your green cart.
- **Trees that are not prepared this way will not be collected.**

2. DROP-OFF LOCATIONS

(Visit Calgary.ca/christmastree to find location nearest to you)

Take your tree one of the following temporary drop-off locations **between December 26 and Jan 31**:

Remove all ornaments, lights, tinsel and tree stands. Do not wrap, tie or bag your tree.

FREQUENTLY ASKED QUESTIONS

Why do I have to cut my tree up for Green Cart collection?

We require trees be cut up for composting because the pieces must be small enough to fit into your green cart. All our collection trucks use the carts for automated collection, and we are unable to load materials manually. Even bagged or tied branches are placed into the green cart and then emptied into the truck.

What are the benefits of composting my Christmas tree?

Collected trees will be composted with the other food and yard waste collected through the Green Cart program. By composting your Christmas tree, you can keep waste out of our landfills and reduce harmful greenhouse gas emissions.

Can we get any of the compost back?

There will be "Compost Give-Away" weekends in 2018 to provide free compost to residents. Details will be released in spring 2018. Mulch is available for free to residents for gardening and landscaping at City landfills, while supplies last.

Can't I just put my tree in my black cart?

No. Food and yard waste must be put in your green cart. Black carts containing Christmas trees will not be collected.

Can I compost my evergreen wreath?

Yes, you can put your evergreen wreath in your green cart or it can be dropped off with your real tree at any of the drop-off locations. However, it needs to be stripped of all ornaments, bindings or wrappings.



Off-Leash Ambassador Program

Volunteer Recruitment

We are recruiting volunteers to participate in the Off-Leash Ambassador program.

The Off-Leash Ambassador program is an innovative approach with a volunteer-based, citizen led initiative to promote responsible pet ownership in Calgary's 150 off-leash parks.

Volunteers in the program will:

- Promote responsible pet ownership, positive pet interactions and safety in off-leash areas through the provision of information and demonstrations
- Answer questions regarding Calgary's bylaws in off-leash areas
- Act as positive role models in off-leash parks in terms of adhering with Calgary's bylaws
- Provide an avenue for citizens to express concerns and pass along concerns to City staff
- Promote the work of Calgary Community Standards and the services available at the Animal Services Centre, such as animal adoption and licensing



Ambassadors will receive training to familiarize themselves with bylaws, canine body language, as well as tactics to communicate with the public.

Visit us at: www.calgary.ca/offleashvolunteer

Community Membership

EPRA'S ANNUAL MEMBERSHIP RUNS FROM JANUARY TO JANUARY.

You can register online at elbowpark.com/membership or fill out the form below and mail a cheque payable to Elbow Park Residents' Association.

FAMILY/SPORTS \$40

Family use of sports facilities including hockey, skating, tennis, basketball, etc. Your membership also supports community projects and the maintenance and enhancement of local area parks and buildings.

SINGLE/SENIOR \$25

Use of sports facilities including hockey, skating, tennis, basketball, etc. and participation in EPRA social events. Your membership also supports community projects and the maintenance and enhancement of local area parks and buildings.

2018 MEMBERSHIPS

Name(s) _____
(Please include full names of both partners if applicable.)

Address _____ Postal Code _____

Phone _____ E-mail: _____

EPRA MEMBERSHIP (check applicable):

- ☐ Family/Sports \$40 \$ _____
- ☐ Single/Senior \$25 \$ _____
- ☐ Additional Donation \$ _____ (tax receipt will be sent) \$ _____

Total Enclosed: \$ _____

Your financial support is appreciated. Please mail the completed form and cheque payable to **Elbow Park Residents' Association, 800 - 34 Avenue SW, Calgary, Alberta, T2T 2A3** or go to www.elbowpark.com to purchase your memberships online. - SORRY NO REFUNDS



Always bundle your plastic bags before recycling

Loose plastic bags cause problems at the recycling facility. They fly around, become stuck in other recyclables, jam equipment and cause costly delays.

Bundle your plastic bags into a single bag before putting in your blue cart or community recycling depot.



MX 419706

Elbow Park Residents' Association Members and Guest

Christmas Eve

SKATING PARTY

DECEMBER 24, 2-4:30 pm



- Bring your Skates & Hockey Sticks
- Enjoy Treats & Beverages
(Treats & Hot Chocolate sponsored by Tom Plunkett of Raymond James)
- Warm up by the Firepits
- Food Bank Donations Welcome

Provided by the Elbow Park Community Association
to celebrate our wonderful neighbours!