

# ELB @ WPA PARK

WINTER 2016/2017



## Elbow Park Residents' Association

800 - 34 Avenue S.W., Calgary, Alberta T2T 2A3  
**CLUBHOUSE HOTLINE: 403-287-2834**

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Elbow Park now offers electronic copies of the gazette emailed directly to your inbox. If you would like to opt in to receive an electronic copy of the Gazette, please visit [www.elbowpark.com/](http://www.elbowpark.com/) and click on "Gazette".

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*"Thank you to  
The Glencoe Club  
for publishing the  
Elbow Park Gazette!"*

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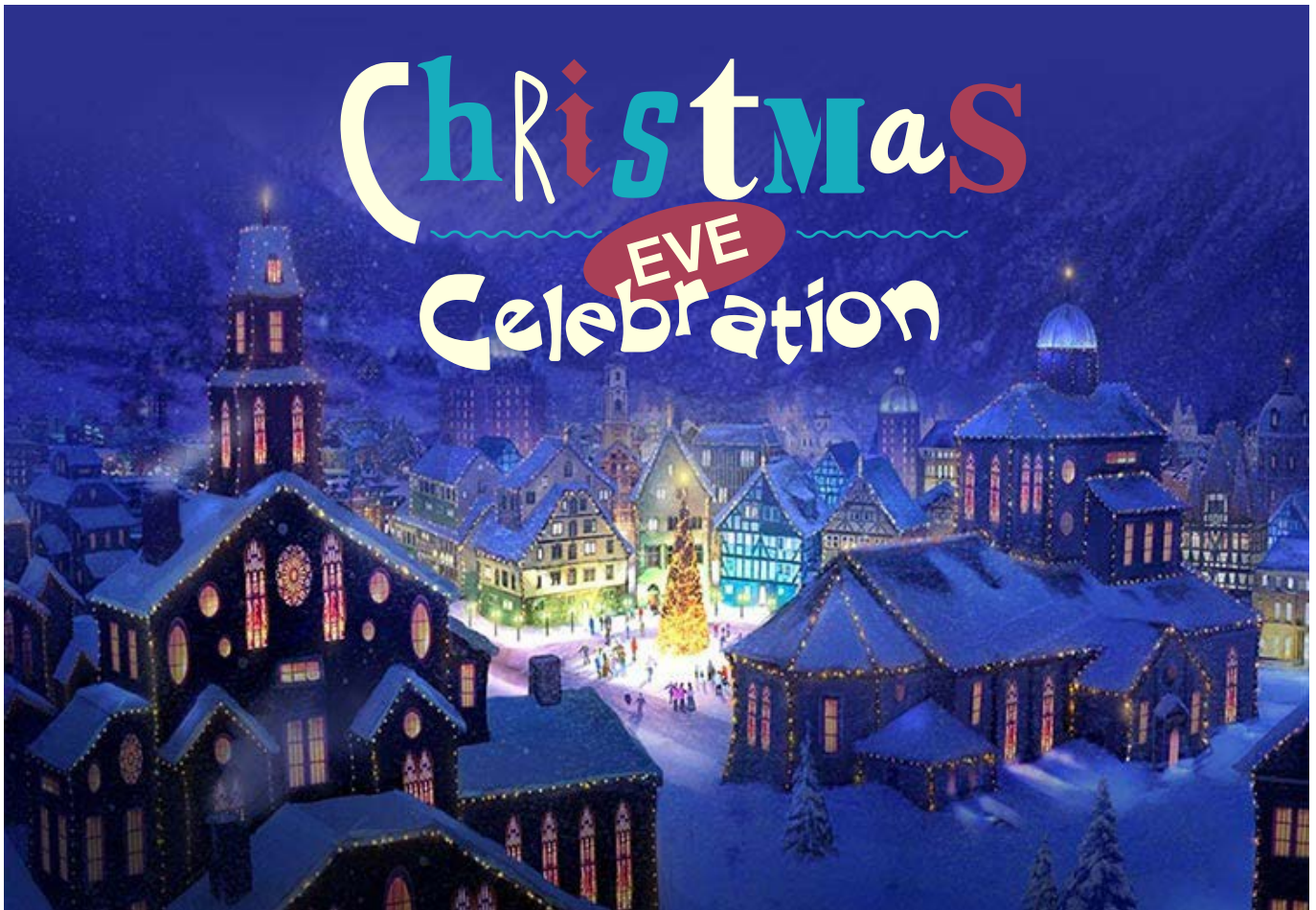


## Earn your wings as a Snow Angel!

Every act of kindness is as unique as every snowflake. The act of shovelling a neighbour's walk may look similar but the reason it is important to your neighbour is uniquely special. Helping a neighbour with their walkway will brighten their day, make the pathway safe for everyone and make you the local favourite. Win, win, win!

As you shovel your walk this winter, take a few extra minutes to clear a neighbour's too.

To learn more about the program or to find out information about recognizing a Snow Angel, visit [calgary.ca/snowangels](http://calgary.ca/snowangels).



**SATURDAY, DECEMBER 24 | 2-4:30 PM**

Outside the ELBOW PARK CLUBHOUSE

**Everyone Welcome!**

- Warm by The Fire Pits
- Drink Hot Chocolate or Wine
- Crafts for the Children

Bring your skates, hockey sticks or just your good cheer!  
We will also be accepting donations for the food bank.

This event has been put on by the Elbow Park Residents' Association.  
Hot Chocolate & Treats sponsored by

**Tom Plunkett**  
**RAYMOND JAMES®**

# President's Message

Hello! Taking over for Paul Bryden will be HUGE shoes to fill. He has done an excellent job while serving on the board since 2010, with the past three years as president. Should you pass him on the street, please take the time to stop and say thank you to him - it is truly deserved!

It is lining up to be an exciting year ahead for the community of Elbow Park! There is action on the **Clubhouse Project**.



Demolition of the north end of the clubhouse is complete, and once we receive our final permit from the City of Calgary, renovation of the remaining structure and construction of the new addition will begin - TBA on completion, will have a timeline to share once the final permit is issued.

Coming off a full house at our **2016 AGM** with standing room only (congrats to Paul Fisher and Lorna Fraser for winning the wine raffle), the board - 10 strong - and I are excited to build on the strong traditions this community has created through past generations and are open to suggestions on what kinds of programs you would like to see offered through the Elbow Park Residents' Association.



**In the near future:** I'm hoping by the time you read this our outdoor rinks are flooded and the community is out enjoying neighbourhood shinny or a family skate, but in reality we are still waiting on the temperatures to drop and for some snow to fall so that there are snow banks to keep the water in place when we start to flood the rinks.

The inaugural **Christmas Eve Family Skating Event** was so well received last year that we fully intend to host it again on December 24, just need the weather to co-operate so that the rinks can be flooded in time.



**Memberships:** Thank you to everyone for their support and diligence in renewing their EPRA memberships. As a reminder, the memberships now expire at the end of the calendar year (December 31, 2016). Automatic renewals take place through our website and newly renewed memberships are now good until December 31, 2017 - please visit the site at [elbowpark.com](http://elbowpark.com) to double check that your membership has been renewed - we thank you in advance for doing so.

To all the people who volunteered for us in 2016 - thank you very much, your involvement is greatly appreciated. On behalf of the board, we hope the entire community has a safe and joyous Holiday Season and look forward to seeing everyone in 2017!

Michael Murray  
President - EPRA



# School News

## DEAR NEIGHBOURS OF WILLIAM REID SCHOOL,

William Reid School is raising funds for a new playground, because the old one now has too many broken and malfunctioning parts. We need help from you so we have the funds in place for a summer 2017 build.

Please consider making a personally significant donation today!

We are asking our supporters to make a donation BEFORE THE END OF DECEMBER because we are applying for a Community Facility Enhancement Program ("CFEP") grant from the Government of Alberta worth up to \$125,000. We need significant donations by the end of December to get maximum benefit from this matching grant.

You can donate online at <http://wrplayground.weebly.com/donate.html>.

Please help us to reach our goal and GIVE TODAY!!!

Every dollar counts.

We appreciate your consideration!

The William Reid School Grounds Committee

*"Please  
consider  
making a  
personally  
significant  
donation  
today!"*



## ELBOW PARK SCHOOL Bottle Thrive

**FRIDAY FEBRUARY 10**

7:30 - 11 am

at the Elbow Park Clubhouse

Simply collect and drop off all of your recyclable cans, bottles and drink containers (i.e. milk, juice, wine, beer, water, etc.).

Spy Hill Bottle Depot will once again generously collect the recyclables at no charge.

**\*\* Please drop off glass bottles in boxes and all other containers in plastic bags \*\***

### UPCOMING DATES

Friday, April 21, 2017

Friday, June 23, 2017

Last year's bottle thrive was a HUGE success, raising over \$3,000 towards the purchase of grocery gift cards for our partner school, James Short Memorial.



## Kindergarten Registration

**BEGINS JANUARY 9 FOR WILLIAM REID SCHOOL AND ELBOW PARK SCHOOL.**

# Ward 11

COUNCILLOR PINCOTT



Connectivity has been a big theme this year at The City of Calgary. We've heard and learned from many Calgarians on what modes and nodes they use, and what and how they would like to use them. Basically, how folks want to connect with where they live, work and play in our city.

We've discussed the Pedestrian Strategy, the Cycling Strategy, and the Public Transportation Strategy, to name a few. Importantly, we've looked at how these strategies work together to meet the needs of all of Calgary's citizens. This integrated approach – offering a variety of modes of transportation, and nodes to use them – is aimed at creating a more successful transportation

system for Calgary. One that is inclusive and accessible for persons of all abilities and ages.

At the end of October, in Ward 11, we celebrated the grand opening of two projects that improve connectivity between communities for pedestrians, cyclists and motorists.

The Anderson Pedestrian Bridge was built in advance of the Calgary South West Ring Road construction. Eliminating at-grade crossing is safer for those on foot, and results in less stop and go for drivers. The Flanders Avenue Interchange is a unique interchange design, allowing traffic to flow, while also accommodating the needs of pedestrians and cyclists. The rebuild of the previous

bridge was much needed in order to accommodate the growth of the Currie Barracks development, and the campus redevelopment of Mount Royal University.

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*“Connectivity is the quality, state and capability we have of being connected to each other, within our communities, and across our city.”*

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The City is currently conducting a study on the 50th Avenue SW Greenway Corridor and building the 61st Avenue SW Greenway Corridor and Pedestrian Bridge, two projects that factor in the integration of pedestrians, cyclists and motorists to major destinations like one of our beautiful parks or shopping centres. The SW Transitway BRT will amplify our public transportation network, and connect underserved communities in the SW via optimal transit routes. I put forward the motion arising to build a Pedestrian Overpass at 14th Street and 90th Avenue SW to better connect communities east of 14th Street to Glenmore Landing amenities and the

reservoir. All of these projects are in Ward 11 alone! Other city-wide studies, centred on connectivity, include Crowchild Trail, Deerfoot Trail and the Green Line LRT engagement.

Connectivity is the quality, state and capability we have of being connected to each other, within our communities, and across our city. We still have a lot of work to do in making our city accessible for all, but we are well on our way.

In the spirit of connecting, be sure to subscribe to your Ward 11 Updates at [www.ward11calgary.ca](http://www.ward11calgary.ca). I wish you a Merry Christmas and a great Holiday season!



## HAPPY HOLIDAYS

I've always loved the holidays. It's not just because of the family dinners, or the chance to get out to the Rockies to ski or snowboard, or even the gathering of presents under the Christmas tree. It's because of the kind and generous attitude with which Calgarians approach the season and their neighbours. We are a warm and giving people, but during the holiday season we always seem to one-up ourselves. You can see it everywhere – on the faces of kids in the corner store and in the kind smiles of Calgarians bundled up behind countless layers of clothing – and it makes me immensely proud to live and be from this wonderful place.

As lights and decorations find their way onto neighbouring businesses and homes, I hope that all Calgarians will consider taking the time to spread the joy of the season through their own acts of public service. This can mean volunteering your time at a local soup kitchen, helping to shovel a neighbour's sidewalk, or donating gently-used winter clothing to those in need. The options to give back and support your community are endless. If you have questions about how you can get involved in your community, contact your local Community Association or our office through email ([ward08@calgary.ca](mailto:ward08@calgary.ca)) or phone (403-268-2431), we'd love to hear from you.

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*“it makes me  
immensely  
proud to live  
and be from  
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From the Ward 8 office, we wish you a very happy holidays and a joyful New Year!

I wish you all the very best this holiday season and through the winter. Stay warm, keep safe on the roads, and have fun. 2017 is going to be a great year.

## MP KENT HEHR

It is the season for giving and, throughout this year, I have been thoroughly amazed by those of whom who have played a role in bettering our province and city. And doubly so by everyday Canadians from coast to coast to coast in their care and compassion to those impacted by this year's tragedy in Fort McMurray.

In my role as chair of the Northern Wildfires cabinet committee, where I take a leadership position in coordinating the federal response to the fires in Fort McMurray, I was awestruck by the generosity of Canadians. Some \$165M was donated to the Red Cross, and a majority of the funds were match by the federal government. This federal matching is in addition to the federal government's Disaster Fund initial payment of some \$300 million to the Alberta Government. The Red Cross is continuing to collect donations and is asking for assistance. If you are able to pitch in this holiday season please do so as many families in Fort McMurray are still putting their lives back together.

It is the work above that makes it clear there is a role for government, and one that is active in supporting Canadians. I am proud of the work of our government and am inspired by the actions of tens of thousands of Canadians to support those in Fort McMurray.

Finally, it has been a whirlwind of a year – with implementing our platform on supporting seniors, bringing into force our middle class tax cut, increasing child benefits to 9/10 families with our Canada Child Benefit, and a \$2.5 billion EI reform package. Our job is not yet done and I look forward to what 2017 will bring.

As always, you can contact my office by email at [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca) or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at [www.KentHehrMP.ca](http://www.KentHehrMP.ca).

# Calgary-Elbow

MLA GREG CLARK



In late October I hosted a career event featuring speakers presenting 21st Century interview and resume skills, transitioning talents to a new career, and starting a new business.

The catalyst for the event came from a discussion I had with two of my neighbours. They are a young couple with tremendous skills who were both laid off from their jobs in oil and gas nearly a year ago. They've got a young child and are really struggling to make ends meet. I wanted to do something to help. It breaks my heart to see so many talented people out of work. Instead of complaining, I decided to do what I could to help.

I was encouraged by the feedback from the event; I think this comment sums up how many people are feeling:

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*"It is easy to become discouraged when looking for work. The presentations and panelist were very encouraging and provided me with renewed motivation and hope."*

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The event served as a reminder that while many Calgarians are struggling, we have each other's backs. We look out for one another, much like we did during the 2013 flood. Alberta businesses are struggling, and this has had a huge impact on our charitable organizations. As we head into the holidays season please consider donating your time or money to one of Calgary's very worthy causes.

The Calgary Food Bank needs donations of fresh and non-perishable food items, or monetary donations. During the especially busy Christmas season, the food bank is urgently in need of volunteers to help run special events. <http://www.calgaryfoodbank.com/>

The Magic of Christmas needs volunteer elves to help deliver gifts and cheer, donations of household items, clothing, toys and electronics. <http://www.themagicofchristmas.org/>

Calgary Women's Centre needs donations of new, unwrapped gifts for children of all ages, and for the women themselves. <http://www.womenscentrecalgary.org/>

If you or anyone you know needs assistance at this time of year, consider contacting the Distress Centre. They are available 24 hours a day, seven days a week. You can reach them at (403) 266-HELP (4357) or online at [www.distresscentre.com](http://www.distresscentre.com). They specialize in crisis support and suicide prevention services for everyone.

I would like to wish all of the constituents of Calgary-Elbow a safe, relaxing and happy holiday season and a very happy new year!

# City of Calgary News

## BE PREPARED FOR SNOWFALL TO KEEP EVERYONE MOVING SAFELY

When snow is forecasted in Calgary, crews are available 24/7 to respond and keep our roads safe. That means applying anti-icing solution to our roads before the snow falls, and plowing and sanding after the snow starts falling. Crews focus on high-volume roads first in order to keep the highest number of Calgarians moving safely.

You can help us keep the roads and sidewalks safe this winter, too. Here's a few ways to keep everyone moving safely:

- Slow down and drive or cycle defensively during winter driving conditions.
- Keep a safe distance - help our crews do their jobs by staying three car lengths behind sanders and plows.
- No sudden moves (braking, lane changes, etc.)
- Provide enough distance between you and the vehicle in front of you.
- Ensure you have appropriate tires and footwear.
- Keep your sidewalk clear of snow and ice within 24 hours after the snow has stopped falling.

For information on winter driving, safe shovelling, and more, visit [calgary.ca/snow](http://calgary.ca/snow).



## YOUTH EMPLOYMENT CENTRE

Do you know someone aged 15-24 who is looking for work? The City of Calgary's Youth Employment Centre (YEC) offers year-round services and resources to help youth, aged 15-24, secure employment and take the first step in their career.

YEC offers a variety of services FREE of charge including employment counselling, career planning, networking assistance, resume assistance, industry training and mentorship opportunities.

Youth who need support with their job search or career development are encouraged to drop by the office at 315 - 10 Avenue S.E. or visit [nextSteps.org](http://nextSteps.org).



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**Francois Bradette,**  
Project manager

**PH: (403) 397-9698**  
e-mail: [breezeofcolor@outlook.com](mailto:breezeofcolor@outlook.com)



Alberta Health Services EMS responds to many cold weather related emergencies every winter. However, by taking appropriate measures to dress properly, anticipate sudden weather changes, and be prepared when out in the cold you can reduce your risk of sustaining a cold weather emergency. It's also advised you store an emergency kit in your vehicle at all times containing extra clothing, blankets, and other road-side supplies.

## Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin.
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip heals without complication;
- Move to a warm environment and immediately, but gently re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

## Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze solid;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water, until fully re-warmed;
- Call 9-1-1- or seek further medical attention as required.

## Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is crucial. Call 9-1-1. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.



# Why is a River Rich?

At this time of year a float down the Lower Elbow or the Bow is all but a foggy and rocky memory. However that doesn't stop river enthusiasts and bankers from working on the health of the river.

Access and egress to and from the Lower Elbow and the Bow rivers during rafting season have largely been random events taking a toll on the rivers' banks. This Fall Calgary Parks engaged Calgary River Valleys and its networks to assess potential launching and egress sites along the rivers.

S2G+ gladly took up the call to look at potential sites along the Lower Elbow. We were asked to evaluate sites in terms of: fish, flora, fauna, avian habitat and biodiversity issues; slope, soils, erosion and stability of banks; competing land uses and users; suitability of a hand launch; opportunities for rehabilitation associated with access development; and access to and suitability of existing facilities.

From an initial 10 potential sites, 5 were struck off the list immediately, leaving 5 sites to ground proof: Sandy Beach; Stanley Park; Woods Park (Elbow Drive at the old bath house), Talisman Centre/Lindsay Park; and Stampede Grounds at Enmax Park. Along the way we added Goose Park (downstream end of the Mission walkway) and the eastern end of 26 Ave.

Space does not permit the full evaluation of sites assessed. However it is safe to say that Sandy Beach and Stanley Park are two good launch sites although signage at Sandy Beach would have to improve to direct rafters to the correct site, which is not Sandy Beach proper. Lindsay Park didn't appear to have good launch or egress sites due to ankle breaking riprap or fencing. Although Woods Park, Goose Park and the end of 26 Ave have no immediate amenities other than gently-sloped and graveled or grassy banks they were determined to be adequate egress points being close to car-to-go locations for the return ride back to Stanley Park or Sandy Beach.

Although there might be possibilities at Enmax Park (Stampede Grounds) we discounted those due to periodic closures and proximity to the confluence to Fort Calgary and the confluence with the Bow.

We invite readers for any feedback on the sites or other potential locations. For an answer to the riddle if you haven't figured it out, go to our facebook page at: <https://www.facebook.com/S2Gplus/>



Goose Park - end of Mission Walkway on 26th Ave SW



Sandy Beach access from SE corner of parking lot.



## FRESH FOOD

These items must be donated directly to the Calgary Food Bank **Warehouse Door #3** to ensure they are distributed in a timely matter while still fresh.

## SPECIALTY HAMPERS

We provide items for those with Celiac Disease, Diabetes, Prenatal considerations and Renal issues.

Consider donating gluten-free, low sodium, sugar-free:

- Baby food in jars
- Formula with Iron
- Pull-top meals and soups

## NOT SURE WHAT TO DONATE?

Our clients are our neighbours. Think about what you and your own family enjoy or use often.

## HOW TO DONATE

**1**  
**2**  
**3**

Drop off non-perishable food in the Calgary Food Bank donation bins at any major grocery store.

Drop off fresh or non-perishable donations directly to the Calgary Food Bank Warehouse:  
**5000-11 Street SE, Food Donations Door #3**

Hold a Food Drive and have your non-perishable food picked up by our drivers.

Help us meet Canada's Food Guidelines by donating items on our wishlist:

**PEANUT BUTTER**



**PASTA**



**PASTA SAUCE**



**BABY FOOD +  
FORMULA**



## CANNED FOOD

**TOMATOES**



**FRUIT**



**SOUP**



**GREEN VEGGIES**



**MEAT/PROTEIN**



**FISH**



5000-11 Street SE | Phone: 403.253.2059

Charitable #: 130 167 349 RR0001 | [@CalgaryFoodBank](#) | [/CalgaryFoodBank](#)

## HOURS OF OPERATION

### ADMINISTRATION

Monday to Thursday — 8 a.m. to 4:30 p.m.

Friday — 8 a.m. to 4 p.m.

Closed Saturdays, Sundays and public holidays.

### WAREHOUSE

Monday to Thursday — 8 a.m. to 7 p.m.

Friday — 8 a.m. to 3 p.m.

Closed Saturdays, Sundays and public holidays.

# Christmas Tree Recycling Program

## MAKE IT A **GREEN** CHRISTMAS. - RECYCLE YOUR REAL TREE.

Turn your real Christmas tree into useful mulch instead of garbage through The City's Christmas Tree Recycling program. By recycling trees into mulch, you can keep waste out of our landfills and reduce harmful greenhouse gas emissions.

This year The City's Christmas Tree Recycling program will be drop-off only. We will not be collecting trees door-to-door. Instead we're asking residents to meet us half way, by taking their trees to one of our 15 designated drop-off locations between December 26 and January 31.

### Christmas Tree Recycling

When preparing your tree:

- Remove all lights, ornaments, tinsel, string, garland and tree stands
- Do not bag or wrap your tree (including recycling tree bags)

### Drop-off locations

This year we have 15 Christmas tree drop-off locations, open December 26, 2016 to January 31, 2017.

Residents may drop off at the following landfill locations.

- Spyhill Landfill\* - 69 Street and 112 Avenue N.W.
- East Calgary Landfill\* - 17 Avenue and 68 Street S.E.
- Shepard Landfill\* - 114 Avenue and 68 Street S.E.

\*Until January 7, City landfills are open Monday to Saturday 7:30 am to 5:00 pm and closed on Sundays. As of January 9, our landfill schedule is changing. Please check [calgary.ca/landfill](http://calgary.ca/landfill) to confirm what days each site will be open.

There are 12 other drop-off locations available throughout the city:

- Bowness - 7937 43 Avenue N.W.
- Confederation Park - 905 30 Avenue N.W.
- Prairie Winds Park - South Parking Lot, 54th Avenue & Castleridge Blvd. N.E.
- Huntington Hills Athletic Park - 7920 4st at Huntstrom Dr N.E.
- Bottomlands Park - St. George's Drive and 7th Avenue N.E.
- Marda Loop Communities Association - 3130 16 Street S.W.
- Parks Compound - 10312 Sacramento Drive S.W.
- North Glenmore Park - 6615 37 Street S.W.
- Woodbine Athletic Park - 12625 24 Street S.W.
- Park 96 - 14660 Parkland Blvd S.E.
- Pop Davies/ Ogden Athletic Park - Ogden Rd & Millican Rd S.E.
- IKEA - 8000 11 St. S.E.

### Can I put my tree in my blue, black cart or green cart?

**Blue Cart:** Christmas trees are not recyclable through the Blue Cart program. Do not place your real (or artificial) tree in your blue cart. For more information on what is acceptable in your blue cart, please visit [accepted blue cart recyclables](#).

**Black Cart:** If your tree is cut into small pieces and placed in your black cart with the lid completely closed, trees will be collected as garbage. Trees placed in black carts will not be mulched, they will be disposed of in the landfill.

### Green Cart (pilot communities):

Christmas trees (trunks less than 6" in diameter) are accepted in the green cart. Please cut the tree into smaller pieces, place inside your green cart and ensure the lid can close all the way. Extra branches that don't fit inside the cart can be put in paper yard waste bags or bundled together (1.25 metre bundles) with natural fibre string.

### What do you do with recycled trees?

Trees are recycled by chipping them into mulch, which is available for garden/yard use while quantities last. You can get mulch at no charge from the East Calgary Landfill. The mulch is intended for residential use only and must be loaded by hand. Calgarians are welcome to take one or two truckloads. Find more information about how mulch and other compost products are used.

### Where can I use Christmas tree mulch?

The mulch created from Christmas trees can be used around evergreens, for yard and garden displays, and is helpful for water retention and weed control.

**Please note:** The mulch is acidic and may affect tender annuals such as plants and flowers. Consult your local greenhouse for more information.

# Community Membership

EPRA's annual membership runs from January to January. You can register online at [elbowpark.com/membership](http://elbowpark.com/membership) or fill out the form below and mail a cheque payable to Elbow Park Residents' Association.

## FAMILY/SPORTS \$40

Family use of sports facilities including hockey, skating, tennis, basketball, etc. Your membership also supports community projects and the maintenance and enhancement of local area parks and buildings.

## SINGLE/SENIOR \$25

Use of sports facilities including hockey, skating, tennis, basketball, etc. and participation in EPRA social events. Your membership also supports community projects and the maintenance and enhancement of local area parks and buildings.

## 2017 MEMBERSHIPS

Name(s) \_\_\_\_\_

(Please include full names of both partners if applicable.)

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ E-mail: \_\_\_\_\_

### EPRA MEMBERSHIP (check applicable):

☐ Family/Sports \$40 \$ \_\_\_\_\_

☐ Single/Senior \$25 \$ \_\_\_\_\_

☐ Additional Donation \$ \_\_\_\_\_ (tax receipt will be sent) \$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Your financial support is appreciated. Please mail the completed form and cheque payable to EPRA, c/o Rhonda Fulton, 3808 9th Street SW, Calgary, Alberta, T2T 3C9 - SORRY NO REFUNDS  
Or go to [www.elbowpark.com](http://www.elbowpark.com) to purchase your memberships online.

## Reminder

It is a City of Calgary By-Law that dogs (leashed or off-leash) are not allowed within five meters of a playground structure. Further, through the occupancy agreement with the City of Calgary, the EPRA allows off leash dog use between the hours of 6 am - 10 am and 6 pm - 10 pm, unless the park is booked for other use.

This is a shared used park, which includes off-leash dog use from 6 am - 10 am & 6 pm - 10pm, unless park is booked for other use.

E.P.R.A:  
[www.elbowpark.com](http://www.elbowpark.com)

